

Experience

July 2006 to Present—Specializing in teaching neurodevelopmental and integrative movements; Developer and instructor of the Brain and Sensory Foundations® curriculum.

Teacher of neurodevelopmental movement programs for overcoming learning, behavioral, physical and emotional challenges. Teaching and inspiring all ages about enhancing effectiveness through movement. Sonia is the author of “The Importance of Integrating Reflexes” info graphic and of a white paper giving the relevance, rationale, and evidence basis for using innate neurodevelopmental movements in OT and PT practice. Since 2012, Sonia has been publishing case study reports—submitted by students of the Brain and Sensory Foundations, First level course. Over 112 case study reports are posted on the MovePlayThrive.com website showcasing the outstanding results using these innate neurodevelopmental movements tools from the Brain and Sensory Foundations course.



Sonia Story

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1990 to 2008—Freelance Writing and Editing, California, Hawaii, & Washington States

National publishing credits include articles in *Ode Magazine* (October, 2005), *Art & Antiques*, (February, 2004), and *Cousteau Kids* (June 2009). Assisted in editing manuscripts of published authors, Nancy Mellon, MA, Victoria Tennant, MEd and Gail Nagasako. Wrote articles for Haleakala Times, independent newspaper of Maui, Hawaii. In addition, 13 years experience writing and editing newsletters, brochures, ads, product labels and sales letters for various businesses in Maui and Southern California. **Created lively, organized writing to interest readers and promote easy assimilation of the subject matter.**

Additional Experience—Mother of two daughters.

I am most grateful for the meaningful and challenging work of being a parent. Developed organizational efficiency and teaching skills and the ability to create harmony and well being within our family life—most of the time. Experience in parenting and family dynamics greatly assists me in offering clarity, compassion in teaching and consulting work.

Professional Training

Neurodevelopmental Movement Programs and Related Fields

July, 2006	Completion of 200 plus hours of course work and field practice for Certificate of Licensure as a Brain Gym Instructor and Consultant
October, 2006	Certificate, Balametrics Practitioner, Belgau Learning Breakthrough Program
July 2007	Rhythmic Movement Training, Level 1, Harald Blomberg, MD Rhythmic Movement Training, Level 2, Harald Blomberg, MD Rhythmic Movement Training, Level 3, Harald Blomberg, MD
October, 2007	Developmental Movement Workshop, Marni Hanig
February, 2008	Rhythmic Movement Training, Level 1, Moira Dempsey Rhythmic Movement Training, Level 2, Moira Dempsey
April, 2008	Masgutova Neuro-Sensory-Motor-Reflex Integration, Dynamic and Postural Reflexes Course, Pamela Curlee
July, 2008	Rhythmic Movement Training, Level 3, Harald Blomberg, MD
July /Aug., 2008	Masgutova, Neuro-Sensory-Motor Reflex Integration participation as associate provider, in Family Clinic
Sep. 2008	Masgutova, Neuro-Sensory-Motor Reflex Integration, Repatterning and Integration of Dysfunctional and Pathological Reflexes, Svetlana Masgutova

Professional Training continued

Neurodevelopmental Movement Programs and Related Fields

Jan. 2009	Rhythmic Movement Training, Level 1, Nancy Peterson Rhythmic Movement Training, Level 2, Nancy Peterson Rhythmic Movement Training, Facial Reflexes and Bonding, Moira Dempsey
March 2009	RESET 1—Rafferty Energy System for Easing the Temporomandibular Joint, Brett Dunn
July 2009	Rhythmic Movement Training and Cerebral Palsy, Harald Blomberg, MD Rhythmic Movement Training and Reflex Integration for Pre-School and Kindergarten, Harald Blomberg, MD Rhythmic Movement Training, Instructor Training, Harald Blomberg, MD
Aug. 2009	Rhythmic Movement Training, Level 3, Moira Dempsey Rhythmic Movement Training, Facial Reflexes and Bonding, Moira Dempsey
Sep. 2009	Instructor Certification for Rhythmic Movement Training, Levels 1 & 2
July, 2010	Rhythmic Movement Training, and the Fear Paralysis Reflex, Moira Dempsey
Aug. 2010	Repeat: Rhythmic Movement Training, and the Fear Paralysis Reflex, Moira Dempsey
Dec. 2010	Quantum Reflex Integration, Level 1, Bonnie Brandes
Jan. 2011	PLAYSHOP, Principles of Original Play with O. Fred Donaldson, PhD
Feb. 2011	Rhythmic Movement Training Intensive, Facilitator for New Instructors
April 2011	Masgutova, Neuro-Sensory-Motor Reflex Integration, Tactile Integration Course, Janet McDonald, MEd
May 2011	Touch for Health, Level 1, David Pederson, MS
May 2011	Transforming the Difficult Child, The Nurtured Heart Approach, Kim Montgomery and Howard Glasser, MA
Dec. 2011	From Primitive Reflexes to Occupational Performance, Mary Kawar, MS, OTR/L
Feb. 2012	PLAYSHOP, Principles of Original Play, introductory and advanced course with O. Fred Donaldson, PhD
Mar. 2012	Repeat: Rhythmic Movement Training, Level 3, Moira Dempsey Repeat: Quantum Reflex Integration, Level 1, Bonnie Brandes
June 2012	Energy Kinesiology Association Conference lectures—Ronald Wayman, Philip Rafferty, Darcy Lewis
July, 2012	Face the Fear, Fear Paralysis, Facial Reflexes, Oral Reflexes and Bonding, Moira Dempsey
Oct. 2012	Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises brain and body integration, Spokane, WA, Bill Hubert
Feb. 2013	Rhythmic Movement Training, for Reading and Writing, (expanded Level 3), Moira Dempsey
Aug. 2013	Brain Gym in the Classroom training, Mariya Masters
Oct. 2013	Repeat: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises for brain and body, Olympia, WA Bill Hubert
Nov. 2013	Instructor Certification, Rhythmic Movement Training, Level 3—Exams, student teaching and case studies.
Feb. 2014	RMT Special Interest Class—RMT for School Readiness, Moira Dempsey
Mar. 2014	Primitive Reflexes, Righting Reactions and Equilibrium Responses, Bonnie Bainbridge Cohen
May 2014	Special Child and Adult Bal-A-Vis-X training, Olympia, WA, Bill Hubert
Aug. 2014	Repeat: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, brain body, Omak, WA Bill Hubert
Sept. 2014	Foundations of Alignment Course, Level 1, Kathleen Porter
Jan. 2015	Repeat: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision, Spokane, WA, Bill Hubert
Mar. 2015	RMTi, Face the Fear, Facial, Oral, Communication & Fear Paralysis Reflexes, Moira Dempsey
May 2015	RISE—Reflex Integration to Support Education, Julia Harper, OT
Jan. 2016	Session A: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Seattle WA, Bill Hubert
March 2016	Repeat and Update: Rhythmic Movement Training, Level 3, Instructor Training, Moira Dempsey
May 2016	Repeat: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Everett, WA Bill Hubert
July 2016	Session C: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Ontario, OR Bill Hubert
Nov 2016	Session A: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Seattle, WA, Bill Hubert
Nov 2016	The Pediatric Brain: Functional Neuroanatomy, The Sensory Systems and their Treatment Applications, Janine Wiskind, MS, OTR/L, CBIS
Dec 2017	Fundamentals of Clinical Somatics, Steven Aronstein
July 2018	Session C: Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Ontario, OR Bill Hubert
Dec. 2018	Rhythmic Movement Training International, RMTI Instructor Update: Level 1 & 2, Lauren Abel
Dec. 2018	Neuroplasticity for Children: Rewiring for Integration of Primitive Reflexes & Developmental Skills, April Christopherson, OTR/L
March, 2019	Trauma-Informed Care for Pediatric OTs, Angela Isbell, MS, OTR/L
April 2021	Touch for Health, International Kinesiology College, Levels 1 and 2, Sara McRae
Sept. 2021	Touch for Health, International Kinesiology College, Levels 3 and 4, Sara McRae
Nov. 2021	Touch for Health, International Kinesiology College, Proficiency course and exams, Matthew Thie, MEd
Dec. 2021	Childhood Trauma and Sleep Disturbances, Jerrod Brown, PhD
Oct. 3, 2023	The Interconnected Nature of Trauma and Sensory Processing, Alexi Christensen, MA, OTR/L, and Marlee Olson, MA, OTR/L
Jan. 2024	Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Bothell, WA, Kate Walsh Hubert
May 2024	Bal-A-Vis-X, Rhythmic Balance/Auditory/Vision exercises, Port Orchard, WA, Kate Walsh Hubert

Education: University of Idaho, Master’s Degree, Movement Science, Graduated with Honors, May 2024
Occidental College, Los Angeles California, Bachelor of Science Degree, Graduated with Honors, 1984

Conferences and Contracts Awarded

- Sep. 2008 Awarded contract for Special Topics Training for Foster Parents through the Washington Department of Social and Health Services.
- Oct. 2009 WAEYC Conference—Washington Association for the Education of Young Children—Presenter, “New Hope for ADD/ADHD”.
- Feb. 2011 KAEYC—Kitsap Association for the Education of Young Children—Presenter, “Neurodevelopmental Movement: New Hope for ADHD and Sensory Integration”
- June 2011 Awarded the Washington State Association of Head Start & ECEAP contract for staff training at the Annual Summer Institute at the University of Washington campus in Ellensburg, WA. Co-developed and co-taught the course for early educators titled: “Calm in the Classroom and Ready to Learn: Neurodevelopmental Movement Tools for Early Educators”, with co-instructor, Sandra Kipper
- Dec. 2013 Awarded the contract from Muckleshoot Early Childhood Education Center, for co-developing and co-teaching the **Ready to Learn, Movements to Build Foundational Learning Skills in the Early Childhood Classroom** training course. Contract teaching fulfilled in January, 2014.
- Jan. 2015 Certified as an AOTA Approved Provider of Continuing Education
- June 2015 Awarded the Washington State Association of Head Start & ECEAP contract for staff training at the Annual Summer Institute at the University of Washington campus in Ellensburg, WA. Co-developed and co-taught the course for early educators titled: “Ready to Learn: Neurodevelopmental Movement for Early Childhood”, with co-instructor, Sandra Kipper
- Sept. 2015 Instructor, Brain and Sensory Foundations, Wyoming OT Association Conference
- May 2018 Autism One Conference, Presenter: Hidden Key to Sensory Issues--Innate reflexes and rhythmic movements
- Nov 2019 CESA 2019 Statewide School-Based OT/PT Conference, Wisconsin, Presenter: How to Build Student Success with Primitive Reflex Foundations

Volunteer Projects

For a listing of volunteer efforts, go to https://www.moveplaythrive.com/images/pdf/Volunteer_Projects.pdf

References

Laura Masciarelli, PT

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Marion Klein, PT

2801 Federal Ave, Los Angeles, CA 90064
Phone: 310-477-6987
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Lynda S. Steed, OTR/L

1512 North Mobile Cove
Russellville, AR 72801
479-747-3481
lyndasteedot@gmail.com

Michelle Mintz, OTR/L

5640 Maple, Suite 204 West Bloomfield, MI 48322
Phone: 248-318-6654
michelle@michellemintz.com

Jacqueline Watson, OTR/L

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Sonia Story Curriculum Vitae

Courses listed in green are sponsored by Move Play Thrive. • Courses listed in orange are sponsored by other entities.

Ongoing 2024	Online Brain and Sensory Foundations, First Level Sonia Story, Instructor
Ongoing 2024	Online Brain and Sensory Foundations, Second Level Sonia Story, Instructor
September 3, 2023	Presenter: Autism One conference, Online. Title of Presentation: <i>Unlocking Speech with Innate Rhythmic and Reflex Movements</i>
April 27, 2023	Transforming Anxiety with Sensory Motor Tools, Online Sonia Story and Christine Durfee, LPC-S, Instructors
February 18-20, 2023	Brain and Sensory Foundations, First Level Sonia Story, Instructor, Port Townsend, WA
February 25-27, 2022	Brain and Sensory Foundations, Second Level Sonia Story, Instructor, San Diego, California
February 18-20, 2022	Brain and Sensory Foundations, First Level Sonia Story, Instructor, Las Vegas, Nevada
November, 2021	Presenter, PEDS Week Online , sponsored by Dr. Krista Burns of American Posture Institute. Title of presentation: <i>Brain maturity—key for core strength, posture, and sensory processing</i>
August 27-29, 2021	Live Online Brain and Sensory Foundations, First Level Sonia Story, Instructor
May, 2021	Presenter, Lunch and Learn (online) sponsored by Heather Schmidt, MS, OTR/L of Integrative Education, Title of Presentation: <i>Using Innate Sensory-Motor Intervention to Help Overcome ADHD Symptoms—Rationale and Supporting Evidence</i>
Sept 20-22, 2019	Brain and Sensory Foundations, First Level Sonia Story, Instructor, San Diego, California
Ongoing 2018—2022	Online Brain and Sensory Foundations, Second Level Sonia Story, Instructor
October 20-21, 2018	Rhythmic Movement Training™, Level 3 Sonia Story, Instructor, Bellevue, Washington
August 7, 2018	Foundation for Function, Innate Rhythmic Movements Online- Live, Interactive, Sonia Story, Instructor

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July 20-22, 2018	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, with Laura Pace, Assistant Instructor, Hartford/Glastonbury, Connecticut
May 24, 2018	Presenter: Autism One conference , Lombard, Illinois. Title of Presentation: <i>Hidden Key to Sensory Issues, Innate Reflexes and Rhythmic Movements</i>
Jan-April, 2018	Online Brain and Sensory Foundations, First Level Sonia Story, Instructor
Feb 6-March 27, 2018	Online Brain and Sensory Foundations, Second Level Sonia Story, Instructor
May-Nov, 2017	Online Brain and Sensory Foundations Sonia Story, Instructor
Sept 19-Nov 7, 2017	Online Brain and Sensory Foundations, Second Level Sonia Story, Instructor
May 2-June 20, 2017	Online Brain and Sensory Foundations, Second Level Sonia Story, Instructor
May 5-7, 2017	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Portland, Oregon
April 22-23, 2017	Rhythmic Movement Training™, Levels 3 Sonia Story, co-Instructor, with Mary Gazca, Minneapolis, Minnesota
April 19-21, 2017	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Pennington, New Jersey
Jan-May, 2017	Online Brain and Sensory Foundations Sonia Story, Instructor
Oct 14-16, 2016	Brain and Sensory Foundations Sonia Story, Instructor, Ashland, Oregon
Sep-Dec, 2016	Online Brain and Sensory Foundations Sonia Story, Instructor
June 17-19, 2016	Brain and Sensory Foundations Sonia Story, Instructor, Calgary, Alberta, Canada
April 8-10, 2016	Brain and Sensory Foundations Sonia Story, Instructor, Ashland, Oregon
Apr -July, 2016	Online Brain and Sensory Foundations Sonia Story, Instructor

Sonia Story Curriculum Vitae

April 16-17, 2016	Rhythmic Movement Training™ Level 3 Sonia Story, Instructor, Vancouver, Washington
Mar 5-6 & April 2, 2016	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Bellevue, Washington
Feb 20-21, 2016	Rhythmic Movement Training™ Level 3 Sonia Story, Co-Instructor with Maxine Haller, OTR/L, Fort Collins, Colorado
Feb 5-7, 2016	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Orange County, California
Jan-March, 2016	Online Brain and Sensory Foundations Sonia Story, Instructor
Oct 2015-Feb 2016	Online Brain and Sensory Foundations Sonia Story, Instructor
Oct 25-27, 2015	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Brooklyn, New York
Sept 18-19, 2015	Brain and Sensory Foundations Sonia Story, Instructor, Casper, Wyoming, WYOTA Conference
Jun 22-24, 2015	Ready to Learn, Neurodevelopmental Movement for Early Childhood Sonia Story, Instructor / Co-taught with Sandra Kipper, MS, LMT Washington State Association of Head Start and ECEAP, Summer Institute Ellensburg, Washington
June 19-21, 2015	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Calgary, Alberta, Canada
May 22-24, 2015	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Portland, Oregon
April 7-May 26, 2015	Online Brain and Sensory Foundations Sonia Story, Instructor
April 17-19, 2015	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Okanogan, Washington
Jan 27-March 17, 2015	Online Brain and Sensory Foundations Sonia Story, Instructor
Nov 14-16, 2014	Movements for Optimal Sensory Processing Sonia Story, Presenter/Instructor Rudolf Steiner College, Fair Oaks, California

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Oct 7-Nov 25, 2014	Online Brain and Sensory Foundations Sonia Story, Instructor
Oct 4-5, 2014	Rhythmic Movement Training™ Level 3 Sonia Story, Instructor, Bellevue, Washington
Sept 11-13, 2014	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Gig Harbor, Washington
Jun 20-22, 2014	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Calgary, Alberta, Canada
Jun 12-13, 2014	Ready to Learn, Sonia Story, Instructor / Co-taught with Sandra Kipper, MS, LMT Chief Leschi Schools, Puyallup, Washington
Jun 6-7, 2014	Rhythmic Movement Training™, Levels 1 & 2 Sonia Story, Instructor, Portland, Oregon
Apr 15-Jun 3, 2014	Online Brain and Sensory Foundations Sonia Story, Instructor
Apr 10 & Mar 22, 2014	Movements and Games for Building the Brain Sonia Story, Instructor Muckleshoot Tribal School, Auburn, Washington
Mar 13-27, 2014	Ready to Learn Sonia Story, Instructor / Co-taught with Sandra Kipper, MS, LMT Childhaven Inservice, Seattle, Washington
Jan 28-Mar 25, 2014	Online Brain and Sensory Foundations Sonia Story, Instructor
Jan 2-3, 2014	Ready to Learn Sonia Story, Instructor / Co-taught with Sandra Kipper, MS, LMT Muckleshoot Tribal School, Auburn, Washington
Oct 25-27, 2013	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Boulder, Colorado
Sept-Oct 2013	Online Brain and Sensory Foundations Sonia Story, Instructor
Sept 6-8, 2013	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Santa Monica, California

Sonia Story Curriculum Vitae

Jul 13 & 14, 2013	Rhythmic Movement Training™ Level 3 Sonia Story, Instructor, Bellevue, Washington
Jul 9-Aug 27, 2013	Online Brain and Sensory Foundations Sonia Story, Instructor
May 7-Jun 25, 2013	Online Brain and Sensory Foundations Sonia Story, Instructor
Jun 21-23, 2013	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Calgary, Alberta, Canada
Mar 9, 2013	Introduction to Brain and Sensory Foundations Sonia Story, Instructor, Olympia, Washington
Feb 16-17, Mar 24, 2013	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Bellevue, Washington
Dec 1, 2012	Introduction to Brain and Sensory Foundations Sonia Story, Instructor, Kahului, Maui, HI
Nov 9-11, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Calgary, Canada
Sept–Oct 2012	Online Brain and Sensory Foundations Sonia Story, Instructor
Jul 27-29, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Los Angeles, California
May 31-Jun 2, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Coos Bay, Oregon
May 19-20, Jun 30, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Seattle, Washington
May 11-13, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Vancouver, BC, Canada
Apr 23-24, 2012	Brain and Sensory Foundations Sonia Story, Instructor LESA; Livingston Educational Service Agency, Howell, Michigan
Feb 24-26, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, San Diego, California
Feb 9-10, 2012	Rhythmic Movement Training™ Levels 1 & 2

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	Sonia Story, Instructor, San Francisco, California
Jan 20-22, 2012	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Bremerton, Washington
Dec 2-4, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Eugene, Oregon
Nov 11-13, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Northampton, Massachusetts
Sept 9-11, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Anchorage, Alaska
Aug 11-12, 2011	Building Brain and Sensory Foundations Sonia Story, Instructor, Detroit, Michigan
Jun 27-29, 2011	Calm in the Classroom and Ready to Learn Sonia Story, Instructor / Co-taught with Sandra Kipper, MS, LMT Summer Institute Head Start Training Consortium, Ellensburg, Washington
May 14-15, 2011	Rhythmic Movement Training™ Level 1 Sonia Story, Instructor, Palo Alto, California
Apr 29-May 1, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Redding, California
Apr 8-9, 2011	Neurodevelopmental Movement Training Sonia Story, Instructor, Bremerton, Washington
Mar 18-20, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor Spokane, Washington
Feb 4-6, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Vancouver, BC Canada
Jan 21-23, 2011	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Redding, California
Nov 20-21, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Bainbridge Island, Washington
Nov 6-7, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Kahului, Maui, Hawaii
Oct 22-24, 2010	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Los Angeles, California

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Aug 28-29, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Los Angeles, California
Aug 13-15, 2010	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Vancouver, BC, Canada
Jul 15-17, 2010	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Seattle, Washington
Jun 25-27, 2010	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Detroit, Michigan
May 20-22, 2010	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor, Boston, Massachusetts
May 20-22, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Palo Alto, California
Apr 16-17, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Port Angeles, Washington
Apr 9-10, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Little Rock, Arkansas
Mar 12-13, 2010	Neurodevelopmental Movement Training Sonia Story, Instructor, Los Angeles, California
Aug 17-19, 2009	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor / Co-taught with Moira Dempsey Seattle, Washington
May, 2009	Rhythmic Movement Training™ Levels 1 & 2 Sonia Story, Instructor / Co-taught with Nancy Peterson Portland, Oregon
Nov 13-14, 2009	Neurodevelopmental Movement Training Sonia Story, Instructor, Bainbridge Island, Washington
Oct 16-17, 2009	Neurodevelopmental Movement Training Sonia Story, Instructor, Tacoma, Washington
Apr 24-25, 2009	Movement Essentials Training Sonia Story, Instructor, Kingston, Washington
Jan 23-24, 2009	Movement Essentials Training Sonia Story, Instructor, Carnation, Washington
Nov 14-15, 2008	Movement Essentials Training

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Sonia Story, Instructor, Kingston, Washington

Jun, 2008

Movement Essentials Training

Sonia Story, Instructor, Kingston, Washington

Mar 2008

Introduction to Integrative Movement and Brain Gym®

Sonia Story, Instructor, Wolfle Elementary School Inservice, Kingston, WA

Feb 25, 2008

Move Play Thrive

Sonia Story, Instructor, Kingston, Washington

Jan 19-21, 2008

Movement Essentials Training

Sonia Story, Instructor, Boise, Idaho

Aug & Dec 2006

Brain Gym® 101

Sonia Story, Instructor, Seattle, Washington