

## Greetings!

Thank you for your participation in the Brain and Sensory Foundations program!

**Course assignments are required in order to receive a certificate of completion and/or CEUs for the Brain and Sensory Foundations, First Level course.** Course Assignments are optional if you do not wish to earn a course certificate and/or CEUs.

**We offer CEUs via national approval agencies (USA) for the following professionals:**

- For OTs and OTAs, 1.8 AOTA CEUs\* (18 contact hours)
- For PTs and PTAs in qualifying jurisdictions of USA: This course is subcontracted to Redefine Health Education (RHE) for 18 contact hours. Courses subcontracted to RHE will be accepted for PT/PTA licensure credit in all the jurisdictions listed on this webpage, pursuant to regulation or direct approval: [www.redefinehealthed.com/ceuinfo](http://www.redefinehealthed.com/ceuinfo). [Florida CE Broker Number for PTs/PTAs in Florida: Brain and Sensory Foundations, First Level (Part 1) - 20-891759]
- For professional counselors, 19 credit hours via NBCC, (except in New York state); other states may have contingencies. Check with your licensure board to verify acceptance of NBCC Approval. Move Play Thrive is an NBCC Approved Continuing Education Provider, ACEP No. 7213 Go to the NBCC State Board Directory at <https://www.nbcc.org/search/stateboarddirectory> to find the applicable contact information.
- For LMTs (massage therapists) in USA (except in New York state) 18 CEUs from NCBTMB.
- For International Association of Orofacial Myofunctional (IAOM) members, 18 CEUs.
- For Speech and Language Pathologists, inquire to [support@moveplaythrive.com](mailto:support@moveplaythrive.com)

Contact Hours: 18 hours of online course programming and assignments/19 contact hours for mental health professionals.

***Students are responsible to make sure the Brain and Sensory Foundations, First Level course meets the approval of their licensing boards. If you have CE questions, email to: [support@moveplaythrive.com](mailto:support@moveplaythrive.com)***

\*The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

## Requirements for Certificate of Completion and/or Continuing Education (CEUs)

Read the information below to understand requirements to earn a certificate of completion and/or CEUs for the Brain and Sensory Foundations, First Level (Part 1) course. You must **FOLLOW SUBMISSION INSTRUCTIONS EXACTLY** so that your work is received, recorded, and easily retrievable by your instructor. Plan ahead and leave 4-9 weeks for instructor review; a fee applies for expedited review.

**Required steps for those taking this course for a certificate and/or continuing education credits:**

1. Attend or view all sessions for the full duration of the training.
2. Complete an online end-of-course evaluation survey.
3. Complete a multiple-choice exam with a score of 75% or higher.
4. Actively participate in learning the movements experientially and record the experience in brief journal entries to be submitted in Word format to Sonia Story via email at [support@moveplaythrive.com](mailto:support@moveplaythrive.com) (see Submission Instructions). Journal entries are evaluated by Instructor and/or Instructor designee and feedback is sent to Learner as confirmation of satisfactory completion. **Note: It is best to do journal entries directly after you practice the movements from each session. Journal entries are turned in at the end of the course with case studies in one document. See detailed instructions for journal entries below.**
5. Show competency in practical application through written case studies to be submitted in Word format to Sonia Story via email at [support@moveplaythrive.com](mailto:support@moveplaythrive.com) (see Submission Instructions). Case studies are evaluated by the Instructor, and/or Instructor designee, and feedback is sent to Learner as confirmation of satisfactory completion. Case studies may be shared in part or whole by Sonia Story or agents of Move Play Thrive, unless otherwise instructed by author of case study. **See detailed instructions for case studies below.**
6. Students are also expected to read course manual and required handouts. Handouts are downloadable files available in the online classroom at [brainandsensoryfoundations.com](http://brainandsensoryfoundations.com).

**After assignments are reviewed and complete, certificates are sent via email with the following statement:**

"By printing this certificate I agree to the following: In order to use this certificate of participation in the Brain and Sensory Foundations online training in any capacity for Continuing Education, Professional Development, or Professional Services in which a fee is charged, I confirm the following: I have watched all 8 sessions of the Brain and Sensory Foundations online training in full, and I have practiced the techniques from each session experientially in my own body to the best of my ability. In addition I have practiced facilitating the techniques from each session at least once with a partner, child, or client to the best of my ability. I agree it is my sole responsibility to facilitate the Brain and Sensory Foundations online course materials within my scope of practice. I agree that if I am using this course toward continuing education credit, it is my sole responsibility to confirm that the Brain and Sensory Foundations online course meets the continuing education requirements of my professional licensing agency."

***Instructions for Journal Entries***

1. Write a brief 2-3 sentence journal entry after each session about your experience with the movements *in your own body*, and any changes you noticed during or after doing the movements. For journal entries notice and write briefly about what you felt from each session. Do you notice any challenges or changes? **Journal entries are very brief and are NOT about your work with others, nor about what you think, but more about what you feel and notice, i.e., your internal sensations and experiences with the movements.**

Session 1: What was your experience with the Brain Tune up and with the Rhythmic movements 1, 2a, 2b, 3 and 4?

Session 2: What was your experience with TLR activities, both assessment, isometric and other activities for TLR integration

Session 3: What was your experience with ATNR and STNR activities, both assessment, isometric and other activities for integration

Session 4: What was your experience with Hand and Feet reflex activities, both assessment and integration

Session 5: What was your experience with FPR activities, both assessment and integration

Session 6: What was your experience with Moro activities, both assessment and integration

Session 7: What was your experience with Spinal Galant and Headrighting activities, both assessment and integration

Session 8: There are many review activities in this session, what was your experience with anything new that you learned, or with something else you re-visited.

2. Journal entries must be typed into a Word document and labeled 1-8, one for each session.
3. **Double check your work.** If you do not write journal entries about your own internal, felt experiences with the movements, your assignments will be returned to you for resubmission and there will be delays in processing your certificate.
4. Send the Journal Entries via email to Sonia Story at [support@moveplaythrive.com](mailto:support@moveplaythrive.com) along with your Case Studies in the *same single document*, using the submission directions below.

***Instructions for Case Studies***

1. Two case studies are required documenting your practice facilitating tools from the course with a partner, child, or client over the course of at least 4 separate sessions. If you like, one of the case studies can be a Self-case study where you are your own "client". **Use only first names or fictional names for your clients and do not give any specific identifying information about them.**
2. The purpose of the case studies is **not** to reiterate step-by step what you did with the client, but rather **why** you chose particular movements to help your client. Also important are what changes you made based on client's responses and **what you or others noticed** as far as **'before and after' changes in the client** and **what you learned** from this experience.

**Case Studies must include all of the following elements:**

- A. A brief description of your client's challenges and goals; include the client's age
- B. What tools from this course you chose to do with client **and why**
- C. How your client responded and/or what you noticed as far as any changes in your client either during or after the sessions. Were any of the client's challenges alleviated in part?

- D. What you learned as the result of your experience with the client
- E. **Include the total length of time you worked with the individual using these tools.**
- F. **At least one case study must also include the planning, execution, and results of the 5-Step Balance Process.** Doing a 5-Step Balance Process, from Sessions 5 & 6, is an easy way to create noticeable results in a short period of time for most individuals. Here is what to include: What is your client's goal statement? How did you act out the goal? What movements did you choose for the integration step and why? What were the results? **For more information about how to facilitate a 5 Step Balance, read Chapter 9 in your course manual.**

#### **About the 5-Step Balance with Young Children**

You can do the 5-Step Balance process with younger children, just simplify it and have fun—it is very powerful. Read the article here by Suzy Campbell, OT for tips on fun ways to create goals with children for the 5-Step Balance.

[https://www.moveplaythrive.com/images/pdf/CREATING\\_GOALS\\_WITHCHILDREN.pdf](https://www.moveplaythrive.com/images/pdf/CREATING_GOALS_WITHCHILDREN.pdf)

Remember for the little ones, you can skip the Support Repatterning Sequence or do the limb movements passively for them while they are supine.

- 3. **Double check your work.** If you do not include all of the elements for each case study, your assignments will be returned to you for resubmission and there will be delays in processing your certificate.

#### **Submission Instructions**

**Follow these instructions EXACTLY for Written Assignments**

**Journal Entries along with Case Studies must be submitted in one document on or before the course end date.**

When you have completed the course and/or before course end date, send ONE single MS Word document containing BOTH the Journal Entries and Case Studies via email to: [support@moveplaythrive.com](mailto:support@moveplaythrive.com)

**All pages on the assignments document (journal entries plus case studies together) must be numbered and must include your name and email address in the header. Please use only the name and email address that you used to register for the course.** If you have a name change or email change, contact [support@moveplaythrive.com](mailto:support@moveplaythrive.com)

**IMPORTANT: There are 3 specific LABELING requirements that must be followed in order for us to track your assignments:**

- 1. Email Subject Heading:** Write [OBSF\_Assignments\_YOUR NAME] in the subject heading of your email.
- 2. Document File Name:** Save your Assignment document using this format for the file: OBSF\_Assignments\_YOUR NAME.
- 3. Document Header:** Put [OBSF\_Assignments\_YOUR NAME\_Your EMAIL ADDRESS] on each page of document.

In order to give each assignment proper attention, we ask that you allow at least 6 weeks to receive feedback and a course certificate. A fee is applied for expedited review of written assignments and certificate. An expedite request must be made at least one week prior to the date that a certificate is issued. To purchase an expedited review of your course assignments go to: <https://moveplaythrive.thrivecart.com/bsf-expedite-fee/>

#### **Evaluation and Open Book Exam**

For more information on the course evaluation and exam go to Session 8 of the course online at [brainandsensoryfoundations.com](http://brainandsensoryfoundations.com)

*Students planning to earn CEUs for this course are responsible to verify whether this course meets the requirements of their licensing boards.*

For questions contact: [support@moveplaythrive.com](mailto:support@moveplaythrive.com) or call 360-732-4356.

**Best wishes and enjoy your Brain and Sensory Foundations tools!**